



St. Joseph's Degree College,

Sunkesula Road, Kurnool

COMMITTEE FOR PREVENTION OF SEXUAL HARASSMENT (POSH)

Email: sjdcposh5@gmail.com

ACTIVITY BOOK

January 2024 - 2025

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1.	Awareness Program on sexual harassment for girl students at SJDC	31.08.2024
2.	Awareness Program on sexual harassment in CRRMMC in SAP Camp, Kurnool.	12.09.2024

LETTER TO IQAC

From Date: 29.8. 2024

K. Vanitha Kumari,Chairperson, POSH,St. Joseph's Degree College,Sunkesula Road, Kurnool-4.

To
IQAC Coordinator
St. Joseph's Degree College, Sunkesula Road,
Kurnool.

Sub: Seeking permission to conduct an awareness programme Respected sir,

We, Committee for Prevention of Sexual Harassment (POSH) request you to grant us permission to conduct an "ORIENTATION program on Sexual awareness" for our first-year students in their respective classes on 31/08/2024 Waiting with anticipation.

Thanking you

Yours Sincerely, (K. Vanitha Kumari) Chairperson, POSH committee

STUDENT CIRCULAR

Organized by: Committee for Prevention of Sexual Harassment (POSH)

Venue: All I st Year Classes

Date: 30-8-2024

Timings: 11: 30 am to 1:45 pm

All the 1stYear Degree students are hereby informed that POSH committee members along with their student representatives will come around the classes in order to enlighten them about the Prevention of sexual harassment.

K. Vanitha Kumari Chairperson, POSH committee

ACTIVITY 1: Awareness Program on sexual harassment for girl students at SJDC

GIST:

- Our student Volunteers addressing the participants explained important points which include
- Women are to be more vigilant and alert to their surroundings
- They should have keen observation about the behaviour, language of the strangers, since this helps them to some extent to safe guard themselves
- Our student Volunteers, further explained the practical aspect of Disha App and importance of learning self defence techniques like karate, pepper spray etc and about the role played by the She Team in case of inevitable situations
- Further the participants are explained how important to take fully charged mobile before they leave home while travelling alone but phones are to be used constructively either to use Disha App or Dial 112 number in case of emergency rather using it destructively engaging themselves in distracted calls
- Our Committee members enlightened not only students but also to the faculty about laws and policies existing for the women safety
- The volunteers involved very actively in educating the gathering with the video clips and enacting the skit covering these concepts

Objectives:

- To raise awareness among the students about the consequences of physical and mental harassment and the laws and punishments.
- To educate the students about the Disha app and importance of self defence techniques.

OUTCOMES:

- The program was successful in creating awareness among the participants about the sexual harassment and its prevention
- Participants felt satisfied with the knowledge shared by the volunteers through video clips and skits
- Student Volunteers were appreciated for their tireless efforts in organizing this informative initiative

ATTENDANCE

POSH (Prevention of Sexual Harrassment Cell) St.Joseph's Degree College, Sunkesula Road, Kurnool-518004

Programme: Ovientation Program for I year students

Date: 31. 8. 24

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PHOTOS









ACTIVITY 2: Awareness Program on sexual harassment for girl students at CRRMMC GOVT School SAP Camp.

LETTER TO IQAC

From Date: 10.09.2024

K. Vanitha Kumari,Chairperson, POSH,St. Joseph's Degree College,Sunkesula Road, Kurnool-4.

To
IQAC Coordinator
St. Joseph's Degree College, Sunkesula Road,
Kurnool.

Sub: Seeking permission to conduct an awareness program Respected sir,

We, Committee for Prevention of Sexual Harassment (POSH) request you to grant us permission to conduct an "Awareness program on sexual harassment" for girl students at CRRMMC GOVT. School on 12/09/2024.

Waiting with anticipation Thanking you

Yours Sincerely, (K. Vanitha Kumari) Chairperson, POSH committee

STUDENT CIRCULAR
All the POSH Committee volunteers are hereby informed to gather in Botany
Lab at 1:35 pm on 12/09/24 for conducting awareness program in CRRMMC
Govt. School.
GOVE. School.
K. Vanitha Kumari
Chairperson, POSH committee
·

KURNOOL Dt: 12.9.24

From

The Head Master. CRRMMC GOVT School, SAP Camp Kurnool

To The Principal, St. Joseph's Degree College, Sunkesula Road, Kurnool.

Madam,

Sub: Participation of POSH students in Awareness Programme-reg.

I Congratulate all the POSH students for their active participation in giving awareness about sexual harassment to our students, we are grateful for selecting our SAP Camp CRRMMC School for this programme.

Thanking you,

Yours sincerely

HEAD MASTER

E.R.R.M.M.C. HIGH SCHOOL, 5.A.P. CAMP, KURNOOL-518003

GIST:

To understand and prevent the sexual harassment.

Creating an awareness program on sexual harassment for school students is a critical step in fostering a safe and respectful environment.

Sexual harassment is an unwelcome behavior of a sexual nature that makes some one feel uncomfortable, unsafe or threatened.

Sexual harassment is a serious issue that affects many individuals, regardless of their age. Schools should be safe spaces where students feel secure and respected.

This awareness program aims to educate students about sexual harassment how to recognize it, and what to do if they witness it.

In this program, our POSH students expressed interactive activities and discussions, ensure students to understand the importance of respect and the actions they can take if they face with sexual harassment.

Objectives:

To raise awareness among the students about the meaning of sexual harassment.

To educate the students about the practical aspects of the Disha App and importance to learn selfdefense techniques.

To empower the students and faculty with the knowledge of prevailing laws and policies.

Out comes:

The program was successful in creating awareness among the participants about the sexual harassment and its prevention.

Participants felt satisfied with the knowledge shared by the volunteers through the video clips and skits.

Student volunteers were appreciated for their tireless efforts in organizing this informative initiative

ATTENDANCE

POSH (Prevention of Sexual Harrassment Cell) St.Joseph's Degree College, Sunkesula Road, Kurnool-518004

Programme: Awareness Program on Sexual Haraument for CRRMMC Gover Students

Date: 12.09.24

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PHOTOS

















